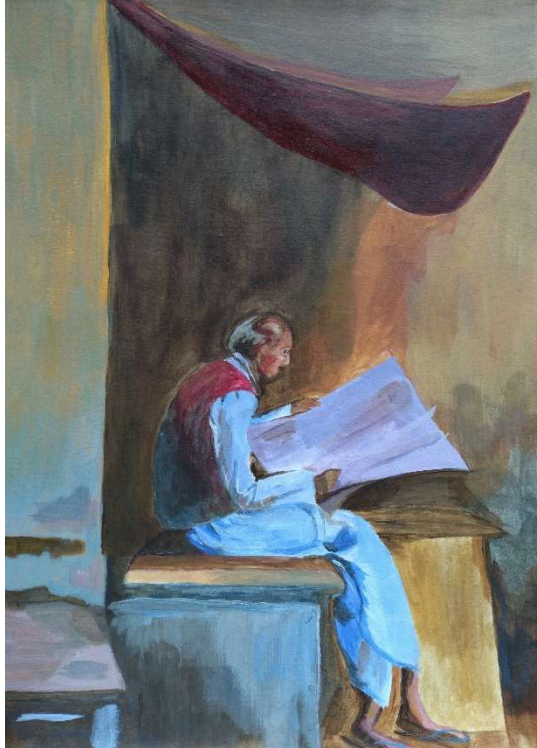


*Passing Time*

9 x 12 Inches

Painting

NFS



## Heather Sprandel

### Bio

Heather Sprandel was born in Chicago, IL. Chicago may be where she was born, but Northwest Arkansas is truly the place she has called "home" since moving to Fayetteville 22 years ago after visiting the area with her husband Joe on a camping trip. Throughout her life, Heather always wanted to paint, so three years ago she decided to learn. She started reading books about painting and watching online tutorial videos. She picked up a brush and a student set of acrylic paints, and started painting in all styles from realism to cubist. Professionally, Heather is a full-time data analysis instructor at the Walton College of Business at the University of Arkansas. Heather absolutely loves helping students learn how to make informed business decisions using data. Her analytical thinking, used in the workplace, is beneficial when painting. She enjoys mixing custom colors and studying traditional painting methods and new, cutting-edge techniques. Heather is also a registered Adult U.S. Figure Skater and the proud mother of 15 year-old Alex, who is a hockey player with the Northwest Arkansas Ice Hogs. Finally, completing Heather's family are two cats: Monkey and Moosh as well as a sweet dog named Coney, who gets no less than two treats a day.

### Artist Statement

If I see an image or painting that I like, I try to paint it. I am very thankful for all of the online artists and art teachers who provide free tutorials to new artists like me. I like painting with acrylic, because it is a forgiving medium to use. I plan on painting as long as it remains enjoyable. I have painted everything from dragons to Dolly Parton, and I feel very proud that many of my paintings now hang in my friends' homes. It brings me joy when someone loves one of my paintings and wants to hang it in their home. *Passing Time* is a my rendition of a Painting Academy figure painting piece.