

OUR ART OUR REGION OUR TIME

Pelican Punch

11 x 15
painting
\$108

Jackie Wolven

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Bio

Jackie Wolven embarked on her artistic journey at the age of 50, a pivotal moment in her life coinciding with the commencement of therapy for generalized anxiety disorder. This therapeutic journey, guided by a Jungian therapist, became a catalyst for her creative expression. Her vibrant works of art are a testament to the profound transformation she underwent, capturing the essence of everyday objects and symbols and imbuing them with layers of personal meaning.

Jackie's unique approach to art is deeply influenced by her therapeutic experiences, where the exploration of the subconscious mind and the unraveling of personal narratives play a crucial role. Her paintings are not just visual representations but emotional landscapes that invite viewers to delve into their interpretations. Each piece is a blend of bold colors and intricate details, reflecting her journey of self-discovery and healing.

Her work often features mundane objects—flowers, household items, and natural elements—reimagined in dynamic compositions that transcend their ordinary context. These objects, transformed through her artistic lens, become symbols of resilience, hope, and the complexities of the human experience. The layered meanings in her art resonate with those who seek to find beauty and significance in the everyday.

Jackie's art has been exhibited in group shows and is collected throughout the US. Her journey from anxiety to artistic expression serves as an inspiration, demonstrating how creativity can be a powerful tool for personal growth and transformation. Through her work, Jackie continues to explore the intricate connections between art, therapy, and the human spirit, inviting others to join her in this ongoing journey of discovery.

Artist Statement

At 50, I began painting, coinciding with the start of my therapy for generalized anxiety disorder with a Jungian therapist. This journey profoundly influenced my creative expression, transforming personal narratives into vibrant works of art.

My paintings capture everyday objects and symbols, placing them in settings imbued with personal meaning. I see the world through the lens of a woman who has triumphed over life's challenges, and each brush stroke reflects that journey. Using deep hues and bright colors, I mimic the profound joy I've found in this stage of my life. Each piece blends the mundane with the extraordinary, reflecting my journey of self-discovery and healing.

Objects such as flowers, household items, and natural elements are reimagined in dynamic compositions, transcending their ordinary contexts. These elements become symbols of resilience, hope, and the complexities of the human experience. My art resonates with those who seek beauty and significance in the everyday, offering layered meanings that echo personal and collective experiences.

My work demonstrates how creativity can be a powerful tool for personal growth and transformation. I continue to explore the connections between art and the human spirit, inviting others to join me in this ongoing journey of discovery.

