

Lourdes Valverde

Artist Bio

Lourdes Valverde is a Mexican self-taught visual artist based in Arkansas. Her artistic practice focuses primarily on figurative painting, using oil and acrylic to explore human emotions, personal experiences, and the complexity of the human condition. Valverde's work is deeply connected to her own emotional journey. Inspired by situations and experiences from both her past and present, she transforms feelings into visual narratives. Her paintings explore a range of emotions, from happiness, love, and hope to fear, uncertainty, sadness, and vulnerability. She is particularly interested in the expressive power of the human face and eyes, which she uses to communicate emotions that are often difficult to express through words.

Although her work is rooted in personal experience, Valverde seeks to create images that allow viewers to recognize their own emotions and experiences within her paintings. Her practice is an ongoing process of reflection, transformation, and self-discovery. Valverde is a Fellow of ArtistINC and ArTeachers program. Her work has also been included in exhibitions featuring Mexican and Mexican-American artists in the United States, including a traveling exhibition presented through 19 Mexican Consulates in 2023. Her work has been in New York, Chicago, California, Mexico City, and Azerbaijan in Asia, among others.

As a Mexican artist living in the United States, Valverde's work is also informed by her experience of navigating identity, belonging, and the search for a place within a new cultural environment. Through her paintings, she continues to build a visual language that connects personal emotion with shared human experience.

Artist Statement

My work is a reflection of my emotional experiences, both past and present. Each painting begins with a feeling, a memory, or a situation that has left an impression on me. Some works emerge from moments of happiness, love, hope, and connection; others come from experiences of fear, uncertainty, sadness, or pain. Through figurative painting, I explore emotions that are often difficult to express with words. I am especially drawn to the human face and eyes because they can reveal what we carry inside, even when we remain silent. For me, painting is a way to process my experiences and transform emotions into something visible. My paintings are not always literal representations of specific events. Instead, they capture the emotional traces those experiences leave behind. Each work becomes a space where I can reflect, understand, and sometimes release what I have felt.

My art is ultimately a visual record of my emotional journey, embracing both the joyful and difficult moments that shape who I am.



We are not criminals, 24 x 30 x 1 inches, Oil on canvas, \$1,971.



"Through the Window", 12 x 9 inches, Pencil on paper, \$190.