



Forgotten, 14 x 11 inches, Hand-drawn digital art on paper, \$199.

Alan Simmons

Artist Bio

Alan Simmons is a digital artist based in northwest Arkansas. His work explores the intersection of technology and creativity, using digital tools to craft detailed visual experiences. Adding details is of particular importance to him; it affords him an opportunity for focus that is as much meditative as it is artistic.

As someone with both ADHD and autism, his mind is almost always in a state of chaos, like a huge wall of TVs all playing different stations at once. When he creates, all those TVs shut off, and the only thing on his mind is the piece he's working on. And in a world that, to him, often seems entirely out of order, art allows him to create order of his own.

Simmons wants each of his pieces to be more than just an image; he wants them to be an exploration. His hope is that the viewer will slow down long enough to notice the unnoticed.

His goal is to give viewers the same meditative focus in exploring the piece that he had in drawing it. At its core, his work is about finding his own peace and sharing it with others.

Artist Statement

My work begins in the tension between chaos and clarity. Living with both ADHD and autism means my inner world is rarely still—more often it feels like a wall of televisions, each tuned to a different frequency, all competing for attention. Creating art is the moment the noise dissolves. The screens go dark. What remains is a single point of focus, sharp and quiet enough to breathe in.

Digital tools allow me to shape that quiet into form. I build images through layers of detail—small, deliberate decisions that become a meditative rhythm. Each mark is a way of imposing order without erasing complexity, of finding coherence inside the static. The process is slow by design; it asks me to stay present.

I want my work to offer that same pause to others. These pieces aren't meant to be glanced at; they're meant to be explored. They invite viewers to discover the subtle elements that reveal themselves only with time. In a world that often feels too fast, too loud, too fragmented, I hope my art becomes a place where attention can settle.