



Sing, 36 x 36 inches, Oil on canvas, \$2,000.

Pat Hennon

Artist Bio

Pat began their artistic journey in the 1960s in St. Louis, Missouri, where they connected, and was mentored by, a close-knit community of emerging artists, one of whom was enrolled in the fine arts program at Washington University. Through this early exposure, they developed foundational oil painting skills and drew particular inspiration from the work of painter Max Beckmann. Pat later enrolled in the art program at Forest Park Community College, further strengthening their training and practice.

In the 1970s, Pat earned a master's degree in social work from Saint Louis University and relocated to Kansas City, Missouri, where they worked as a social worker while continuing to pursue their art. During this time, they also collaborated with a team that curated three art exhibitions in the Kansas City area.

In 1993, Pat moved to rural Northwest Arkansas, where they were able to fully commit to developing a full-time studio practice. Since then, their work has been featured in numerous juried exhibitions, including earning second place overall. They continue to create regularly in the form of oil painting and sculpture.

Artist Statement

Feminine and Masculine (F/M) energies have a life of their own. They are archetypal, difficult, chaotic, playful, and passionately intense. They seem to like stirring things up internally so we can individuate by recognizing and having the willingness to experience and explore the many voices we are. Pat thinks these F/M energies are extremely honest for they want us to be aware as creatives and humans, imperfect seeking perfection and consciously well contained. Working with Self and Spirit has allowed Pat to bring this into their overall artistic practice.

Pat has studied Carl Jung's work since she was seventeen. Finding focused original art work depends upon Pat's progress in knowing Self. Pat says creative work is personal and describes their experience in the container as emotional and authentic, seeking truth and transcendence. Pat's evolving 'best' is the container.

Pat primarily expresses themselves using oil painting, but has created sculptures which, over time, has strengthened their understanding of dimensionality and form. They are intrigued and influenced, strongly, by form and color.