



Young Girl Musing

20 x 38 inches

Oil and acrylic medium on canvas

Shelley Mouber

Bio

Shelley is a self-taught, mixed-media artist with a background in Sociology from the University of Arkansas she has been creating art since childhood. Inspired early by her uncle, a distinguished sculptor and set designer, her work—rich with vibrant colors, flowing spirals, and expressive eyes—evokes joy, freedom, and release. Her art has been showcased in group and solo exhibitions globally and is held in private collections. Her piece *Yayoi* was featured at Printed Matter in New York City in honor of Yayoi Kusama. Her public installation, *Universal Connection*, an enlarged aluminum composite wrap around a shipping container, enriches Centennial Plaza in downtown Rogers, Arkansas, and remains on view through 2027. Beyond Arkansas, her work has appeared in exhibitions across several states: California, New York, Texas, Oklahoma, New Mexico. She has two successful adult kiddos and maintains her studio in the vibrant artist community of Mount Sequoyah, in Downtown Fayetteville, Arkansas with her cherished mini-pin mix, Licorice, who often keeps her company during the creative process.

Artist Statement

In a world shaped by excess and artificiality, I reclaim meaning through transformation—repurposing discarded materials into expressive, healing mixed-media works on canvas and wood. My art reflects my personal path: navigating emotional health, addiction recovery, radical self-acceptance, and renewal. Guided by music that resonates with my inner world, my creative process serves as both meditation and therapy. It empowers positive body image, encourages playful exploration—through whimsy, humor, and joyful absurdity—and dissolves isolation. Radiant color, spirals, and all-seeing eyeballs recur across my compositions, conveying release, freedom, and exuberance that reflect my essence as an artist and as a human being.

In my latest experimental series, I delve into the meditative power of repetition through a monochromatic palette of dots. Each dot is a deliberate act of presence, a moment of stillness amidst chaos. This series embodies the therapeutic rhythm of mindfulness and the resilience found in simplicity.