

This Way

36 x 36 inches
Oil on canvas



Pat Hennon

Bio

In 1964, I began mentoring with an oil painter, Jim Harned in St. Louis, MO. He taught me the techniques of figure drawing and oil painting. He had studied at Washington University, School of Fine Arts. Later in the 1960's, I attended Forest Park Community College for one and a half years. Other educational opportunities included college courses, two residency programs, and a developing interest in curatorial practices, which began in the mid eighties. Since 2017, I have participated in curatorial decisions at Fenix Arts Gallery in Fayetteville, AR. During the 1990's, my work was included in several galleries in the USA. Also in the 90's, I received a second place award from the annual ANA Regional Exhibition in Springdale, AR.

Artist Statement

My interest in abstraction is growing, because I want to develop and refine further my lens into the essence of Self. I began to study Carl Jung's psychology of the Self in the 1960's. He says that the real job in one's lifetime is "to become as authentic as we possibly can." This painting, titled *This Way*, is about my relationship with my psyche, and I believe a true document of my progress as an artist and a human being.